

EXCHANGE CLUB OF ROCKVILLE NEWSLETTER

www.rockvilleexchangeclub.org



The Wednesday, November 17, 2010, was called to order at 7:01 p.m. by President Charlie Sandberg. Twenty eight members were in attendance and one guest (Tori Dombeck) Meeting was adjourned at 8:32 p.m.

CASINO BUS TRIP: The bus trip to Mohegan Sun will take place on **Wednesday, December 1, 2010, we will not be having a meeting that night.** The bus will leave the commuter parking lot on Route 30 in Vernon (across from YMCA building) at 5:00p.m. sharp, it will be on first come basis. Anyone who would like to attend must be at the commuter parking lot by 5:00p.m.

KIDSAFE HOLIDAY PARTY: The annual Christmas Party for Kidsafe will be held on Saturday, December 11, 2010 at St. Joseph's Church, breakfast will be served and all are welcome to attend. If you plan to attend and bring children, please let Jerry Bundy know.

KIDSAFE WISH LIST:

Window air conditioners to replace some of the broken/old ones at the office, holiday wrapping paper, bows, house cleaning products for clients, gift cards to supermarkets, K-Mart, Walmart or Target for clients who run out of food at the end of the month, plastic storage containers.

KIDSAFE PROGRAMS:

Parent-Aide Program: Currently working with 25 families, 31 adults and 53 children. There are 6 families on the waiting list for services.

Mentoring Program: Currently has 13 Mentors and 13 Mentees matched. Looking for volunteers to work with the Mentoring Program, if you have a couple hours a week to volunteer, please contact Jerry Bundy or Kidsafe.

Cornerstone Community Center: Currently working with 100+ children who visit the Teen Drop-In Center on a weekly basis.

Anger/Stress Management: Individual sessions teaching adults and children how to effectively deal with anger and stress. Currently working with 2 adults.

Cooperative Parenting & Divorce Program: Teaches parents how to give their children the gift of a strong co-parent relationship even when the parents are not living in the same home.

Private Counseling: Currently working with 2 adult couples counseling.

NEXT MEETING: Wednesday, January 5, 2011, at Beni's Bar & Banquet (formerly known as Theo's). Cocktail hour at 6:00 p.m. and meeting at 7:00 p.m.

DATES TO REMEMBER:

December - There will be no meetings in the month of December.

December 1, 2010 – Casino Bus Trip

January 15, 2011- Exchange Club Holiday Party

THOUGHT FOR THE DAY : "It's not what happens to you that determines how far you will go in life ;it is how you handle what happens to you". (Zig Ziglar)